

WHAT MAKES US DIFFERENT?

ADOLESCENTS & TEENS

We treat adolescents ages 11-17 years old in a small, six-bed residential treatment program.

CO-OCCURRING DISORDERS

We treat co-morbid disorders even when a eating disorder is not the primary diagnosis.

WEIGHT RESTORATION

We have the proven capability to restore a large percentage of your child's weight.

PROVIDER PARTNERSHIP

We will work with your IOP/PHP philosophy for a seamless transition. Weekly updates are provided to the family's primary therapist so that everybody is in the loop.

EXPERIENCED TREATMENT TEAM

Our clinical team and dietitian have over 30 years of eating disorder experience.

DEPTH FAMILY WORK

We provide weekly family therapy session and three multi-family groups. Parents leave feeling empowered and knowing exactly what they need to do to support their child!



Casa Oakview is accredited by the Commission on Accreditation of Rehabilitation Facilities (CARF)

Licensed by the California Department of Public Health as a Congregate Living Health Facility
Facility Number: 550003494

VISIT CASA OAKVIEW ON THE WEB:

<https://ankabhi.weebly.com/casa-oakview.html>

INSURANCE & PAYMENT OPTIONS ACCEPTED!

Call 24/7 for a free screening!

Anka Referral Center (ARC):

Phone: 1-855-ANKA-BHI (1-855-265-2244)

Fax: (925) 726-0143

Anka Behavioral Health, Inc.

Phone: (925) 825-4700 | Fax: (925) 825-2610

Email: info@ankabhi.org | www.ankabhi.org



CASA OAKVIEW

Residential Treatment for Adolescents
with Eating Disorders

Lafayette, CA



1-855-ANKA-BHI (1-855-265-2244)

*Call 24/7 for free screening.
Insurance and private pay accepted.*

"Everyone at Casa Oakview has positively impacted my recovery and I am so incredibly grateful." - JF

TREATMENT & SERVICES

Casa Oakview provides treatment that is developmentally appropriate and tailored to each person.

Treatment and services include:

- Flexible residential treatment depending on individual needs and medical necessity.
- Private bedrooms in a beautiful 6-bed, co-ed facility.
- Individualized meal plans developed and monitored by a dietitian.
- Multi-family group therapy, education, and training.
- 24/7 nursing staff.
- Psychiatric evaluation and medication management.
- Daily group activities using art and psycho educational groups in multiple areas: **Communication skills, Core beliefs, Self compassion, Eating disorders, Body image, and Expressive arts**
- **Meditation, yoga, and stress management.**
- **Transportation to medical, dental, and educational appointments as needed.**
- **Discharge planning, including identification and engagement in outpatient treatment and other support.**

ABOUT CASA OAKVIEW

Casa Oakview provides residential treatment to youth (ages 11-17) suffering from multiple forms of eating disorders.

This unique facility offers a beautiful and therapeutic environment that supports youth in reducing their symptoms and understanding their eating disorders. Our experienced team of dietitians, cooks, clinical therapists, nurses, medical doctors, and other specialists provide 24/7 treatment and support.

Our ultimate goal is to engage youth and families in treatment that tackles the root cause of the eating disorder and any co-occurring conditions or trauma in order to support long-term recovery and healthy lifestyles.

ELIGIBILITY

To be eligible for services, an individual must meet the following criteria:

1. 11-17 years of age.
2. Have a diagnosed eating disorder:
 - Anorexia Nervosa
 - Binge Eating Disorder
 - Bulimia Nervosa
 - Purging Disorder
3. May also have other co-occurring mental health and/or dually diagnosed substance use disorders.
4. Be a willing and active participant in a wellness and recovery plan.
5. Have a participating insurance plan or self pay. Flexible payment plans available.